



PASS IT ON, INC.

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JULY 2017

NO. 6

Summer Fun in the Sun

Fun does not have to be expensive, and there are many exciting things going on around Lexington this summer. Get your family and friends together and make some great summertime memories!

Summer is officially here, and there are plenty of activities to take advantage of on a budget. Below are some fun ideas to take advantage of with friends or family while keeping the costs low!

Ravens Run Nature Sanctuary- lace up your shoes, and take a nice hike with some gorgeous views!

Jacobson Park- if you enjoy more leisurely fishing, you can cast your line into the lake. A Kentucky fishing license is required

Fountain Films on Friday- Beginning July 14- August 18, 2017, every Friday a movie will begin at 9:00 P.M.

Pack a picnic and take it out to **Talon Winery** and enjoy some free live music each weekend.

Just because the holiday is over quickly does not mean the fun and celebrating needs to end! Fireworks typically go on sale after the 4th of July for discounted rates! Remember to stock up for extra fun, and for the coming year!

Give-A-Way Alert

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Mickey Mouse pool give-a-way

Details: July 1-July 20, 2017

Visit the link at
passitonkentucky.org/enter.html

Also, this month:

Coupon Swap:

July 11, 2017

July 25, 2017

**2940 Tuscaloosa Lane
Lexington, KY**

July Deals and Steals

During the week of July 9- July 15, Rite Aid will be offering some great deals and freebies.

- Crest 3D White, pro-health, advanced and brilliance toothpaste (select) (\$4 get 300 pts (\$3) limit 2. Get 1500 pts (\$15) when you buy \$30 Crest 3D white or prohealth. Limit 4) \$1 load2card coupon which should be available by 7/09.
- Oral-B toothbrushes (select) (\$4 get 300 pts, limit 2. And get 1500 pts (\$15) when you buy \$30 Oral-B 3D white or prohealth, limit 4) \$1 load2card coupon should be available by 7/09.
- Oxi Clean laundry detergent liquid 40 oz and paks 18 ct \$3.99 (Use the \$3 coupon found in the 7/09/17 inserts)
- Mentos rolls (Get 100 points (\$1) when you buy 4/\$2. Limit 2)

Summer Holiday Easy and Affordable Recipes

- 1) Simple guacamole: Mix one can of preferred salsa with one whole avocado. Sprinkle with a dash of salt and pepper and enjoy!
- 2) Fast fruit dip: Mix 8 oz cream cheese with 1-7 oz jar marshmallow fluff and the juice from one orange.
- 3) Oat energy balls: Mix together 2 bananas, 2 tbsp honey, 2 ½ old fashioned oats. Roll into balls, and place into refrigerator to set before eating.

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